PLANNER 2022

WEEK

	MONDAY	TUESDAY	WENESDAY	THRUSDAY	FRIDAY
MEDITATION					
AFFIRMATION					
JOURNALISING					
INSPIRATION					
EXERCICE					
CONNECTION					

INTENTION OF THE WEEK		

INTENTION OF			
THE DAY			

TO BE LIST	6		
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END OF THE DAY

I AM GREATEFUL FOR:

JOURNAL